

Find out more about Hiatus Hernia Surgery

If you are considering Hiatus Hernia Surgery we would like you to be as well informed as possible.

What are the symptoms of hiatus hernia?

The symptoms are variable depending on the size of the hernia and type of the hernia. It may vary from gastrooesophageal reflux, dysphagia (difficult to swallow), recurrent chest infections and frequent vomiting.

How is hiatus hernia treated?

Mild symptoms are treated with simple antacids, acid suppression tablets. Para-oesophageal hiatus hernia and large hiatus hernia may require a surgical repair

What type of surgery offered?

At Nu-life surgery we offer laparoscopic (key hole) repair of hiatus hernia. In very few cases an open technique might be used. You will have an opportunity to discuss this further in detail with your surgeon.

Do I need any special diet following surgery?

Yes, in order for the stomach to heal your surgeon will put you on a special diet following surgery. In some cases surgeon may put you on a special diet before the surgery.

We're here to help with any questions you have about any of the procedures we offer.

To find out more about Nu-life Surgery please either:

- Call us on 01483 724833
- Send an email to enquiries.nulifesurgery@gmail.com
- Fill out our general enquiry form
- Make a consultation enquiry